

KSC WINTER SCHEDULE 2012
Jan 3 - Mar 10/2012
CAPITAL NEWS CENTRE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Mini Rink 3:30-4:00pm Tots 4:00-4:30pm Tots 4:30-5:00pm Tots 5:00-5:30pm Tots</p> <p>Monday Jan 2/11 – All KSC Programs are cancelled.</p> <p>Rink #1 – OSA HP AM Cancelled Sessions only: Mon Feb 13 7:45-8:45 am OSA HP A 8:45-9:45 am OSA HP B</p> <p>Rink #1 2:30-3:30pm OSA HP A 3:30-4:15pm Junior 4:15-5:00pm Pri Skill Drill 5:00-5:45pm Canskate flood 6:00-7:00pm Sr 7:00-8:00pm Int FS</p> <p>Off-Ice: Jr 4:20-4:35pm Off-Ice: Pri jumps 5:05-5:30pm Off-Ice: Sr jumps 5:30-5:55pm Off-Ice Int jumps 6-6:45pm</p>	<p>Rink #1 - OSA HP 12:30-1:30 OSA HPA 1:30-1:45 flood 1:45-2:45 OSA HP A 2:45-3:45 OSA HP B</p>	<p>Rink #1 6:30-6:45am Pri/Int T/D 6:45-7:30am Pri/Int FS 7:30-7:45am Pri/Int Grp 7:45-8:45am OSA HP A</p> <p>Rink #1 2:15-3:15pm OSA HP A 3:15-4:15pm OSA HP B 4:15-5:15pm Sr FS 5:15-6:00pm Canskate</p> <p>Mini Rink 3:30-4:00pm Tots 4:00-4:30pm Tots 4:30-5:00pm Tots 5:00-5:30pm Tots</p>	<p>Mini Rink 9:15-9:45am Tots 9:45-10:15am Tots</p> <p>Rink #1 - OSA HP 12:00-1:00pm OSA HP A 1:00 Flood 1:15-2:15pm OSA HP A 2:15-3:15pm OSA HP B 3:15-3:30pm flood 3:30-4:15pm Junior 4:15-4:30pm Pri Grp 4:30-5:15pm Pri FS flood 5:30-6:30pm Sr FS 6:30-7:00pm Int/Sr T/D 7:00-8:00pm Int FS</p> <p>Off-Ice: Jr 4:20-4:35pm Off-Ice: Sr flex 4:35-5:20 Off-Ice: Pri flex 5:20-5:50 Off-Ice: Int flex 5:50-6:25</p>	<p>Rink #1 6:30-6:45am Sr Grp 6:45-7:45am Sr FS Rink #1 – OSA HP 1:00-2:00pm OSA HP A 2:00-3:00pm HP A/B 3:00-3:15pm HPA/BGrp 3:15-3:30 Flood 3:30-4:15pm Pri FS 4:15-4:30pm Pri/Int Grp 4:30-5:30pm Int FS 5:30-6:15pm Canskate-Youth Off-Ice: HP/Sr dance 3:45-4:30 Off-Ice: Pri dance 4:40-5:25pm Off-Ice: Int dance 5:35-6:20 pm All Sess Cancelled Feb 10</p> <p>Mini Rink 4:30-5:00pm Tots 5:00-5:30pm Tots</p>	<p>9:00- 9:30am Tots 9:30-10:15am Canskate Mini Rink 10:30-11:00am Tots 11:00-11:30am Tots</p> <p>OSA PROGRAMS HP, Sr Cancelled: Feb 11</p> <p>10:15-11:15am HP FS 11:15-12:15pm Sr FS Off-Ice: Int/Sr Spin 12:20-12:40pm</p> <p>Int/Pri Cancelled:Feb 11, March 3,</p> <p>Rink #2 12:45-1:30pm Int Open 1:30-1:45pm Int/Pri Grp 1:45-2:30pm Pri FS Off-Ice: Pri spin 2:35-3:05pm</p>

RUTLAND ARENA/PROSPERA PLACE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SUNDAY
<p>Prospera Place 6:30-9:00</p> <p>Recreation 6:30-7:15pm Canpower 7:15-8:00pm Canpower fld 8:15-9:00pm Adult Cnpwr</p>	<p>Rutland West 3:30-4:00pm Tots 4:00-4:30pm Tots 3:45-4:30pm Canskate 4:30-5:15pm Pri FS 5:15-5:30pm Pri/Int Grp 5:30-6:30pm Int FS 6:30 flood 6:45-7:45pm Sr FS 7:45-8:00pm Sr Grp</p> <p>Prospera Place 6:30-8:00 6:30-7:15pm Canpower 7:15-8:00pm Canpower</p>		<p>Rutland West Recreation 5:00-5:30pm Tots 5:30-6:15pm Canskate</p>		<p>Prospera Place 6:15-7:00pm Cansk Teen/Adult</p>

SESSION CRITERIA

Primary – working on Preliminary Tests

Intermediate – passed Preliminary freeskate test & higher

*skaters may be permitted to skate up sessions, **if requested by coach**, at the discretion of the Director of Skating

Senior (Jr Silver/Juv+up) - passed Jr Silver/Juvenile Singles Test & higher

OSA High Performance-HP A: passed Novice Singles test, consistent Double Axel; **HP B: Only booked as second FS session/day.** Passed Pre Novice Singles Test and/or at discretion of Director of Skating