



## Kelowna Skating Club – High Performance Skating

Did you know that skating is a skill that can be developed at a **much faster rate** with increased participation at younger ages?

The Kelowna Skating Club wants to give every child the best chance to reach his or her full potential, whether it is in pursuit of excellence in figure skating, hockey, speed skating, or ringette.

Skate Canada's CanSkate is already recognized as Canada's Learn to Skate program, featuring a nationally standardized skill development model taught by NCCP Professional Coaches.

The KSC is excited to introduce **High Performance Skating**. This is an accelerated CanSkate program designed to elevate performance based on age and level of commitment.

Skaters enrolled in High Performance Skating will participate in 2 or more classes weekly. They will also receive special dryland instruction (when available) and discounts for full season commitments.

### Eligible Programs:

Program	Age Requirement	Discount
CanSkate Tots	3-5 years	20% on following Fall/Winter session, 25% spring/June/summer
CanSkate	5-6 years	20% on following Fall/Winter session, 25% spring/June/summer
FutureSTAR *invitation only	4-5 years	20% on following Fall/Winter session, 25% spring/June/summer
Junior Academy	6-7 years	20% on following Fall/Winter session, 25% spring/June/summer

Discounts are to be applied on the registration for programs in the immediately following season, ie. an age eligible skater that registers for 2 or more sessions per week in the Fall 2022 session will receive a 20% discount for the Winter 2023 session, provided he/she is still age eligible and registers for 2 or more sessions again. The discounts continue provided that each following season is attended.

The age requirement is to be considered the age of the child as of the first day of classes.

Please note that skaters must attend at least 75% of their selected classes to retain discounts for future registrations.

"Sessions" refers to Fall, Winter, Spring, June, and Summer. "Classes" refers to the individual skating class that each child attends.

Skaters are also able to "mix and match" between CanSkate Tots and CanSkate classes, provided they meet the age and skill requirements and select classes on different days.

This is an excellent opportunity for young skaters to gain the tools needed to excel in ice sports! We look forward to helping to build their confidence and skills!

For any questions regarding High Performance Skating and our Learn to Skate programs, please contact:  
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